

BASIC INSTRUCTIONAL PROGRAM  
REQUIRED INSTRUCTION (SECONDARY)

EHAC  
(LOCAL)

PHYSICAL ACTIVITY IN  
MIDDLE SCHOOL

Students in middle and junior high school may fulfill the District's requirement for physical activity by:

1. Taking a TEKS-based physical education class or a substitute approved by the District one semester each year a student is in middle school; or
2. Participating in a TEKS-based, District-approved commercially sponsored physical activity program in grades 7–8.